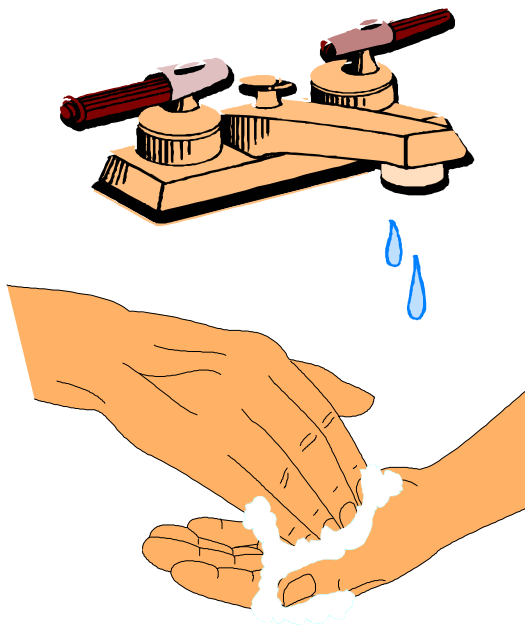


Wash Your Hands!



Wash your hands for **20 sec.**
With hot soapy water

before:

- Handling food
- Putting on clean gloves

after:

- Using the toilet
- Handling raw foods
- Taking a break / smoking
- Coughing, sneezing, eating, drinking
- Cleaning / taking out trash
- As often as necessary to remove soil and contamination

**MARSHALL COUNTY HEALTH DEPARTMENT
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